

Poster Abstract

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The impact of tissue pre-analytics and a new stabilisation technology on the quality of tissue-based molecular studies

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Background: Molecular characterization of human disease requires analysis of multiple parameters ranging from classical histopathological features to a broad spectrum of molecular biomarkers. The morphological characterization is routinely based on the analysis of formaldehyde-fixed and paraffin-embedded (FFPE) tissues but it is known that formalin fixation impairs molecular analyses which typically require frozen tissue samples. Within the EU FP7 project SPIDIA we evaluated a new technology for combined tissue diagnostics and the impact of several pre-analytical variables on tissue sample quality and subsequent molecular analyses.

Methods: FFPE samples were compared to alternative fixatives, including a novel technology for simultaneous preservation of morphology and biomolecules (PAXgene Tissue System), and corresponding snap-frozen tissue samples served as reference. Morphology, antigenicity and different biomolecules were investigated with a focus on nucleic acids preservation.

Results: Established methods for quality control of RNA (e.g. 28s:18s ratio, RIN value) were well-suited for frozen tissue, but a more detailed analysis, like a qPCR assay based on different amplicon length, was needed to estimate the suitability of RNA from paraffin-embedded tissues for downstream applications. Results of qPCR were sensitive to RNA degradation introduced by pre-analytical procedures such as time or type of fixation and storage. In contrast to FFPE, PAXgene-fixed and paraffin-embedded (PFPE) samples showed outstanding RNA preservation and strong correlation of multiple mRNA and microRNA profiles with snap-frozen samples as revealed by qPCR and microarray analysis. DNA isolated from PFPE tissues was of high molecular mass and well-suited for long-range and multiplex PCR, and different sequencing techniques. Proteins extractions from PFPE samples showed comparable yield and preservation of phosphorylation levels to cryo-preserved samples.

Conclusion: The quality of tissue-based molecular studies can only be defined in the context of the pre-analytical procedures. The excellent preservation of biomolecules and morphology in PFPE samples provides new opportunities for comprehensive tissue diagnostics, biomarker discovery and reliable molecular analyses whenever a collection of snap-frozen material is impossible.