

# **Standardized and Improved Pre-analytical Workflows: Crucial for Reliable Diagnostics, Research and Biobanking**

ISBER 2018 Annual Meeting

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# Deficiencies in Routine Healthcare and Research demand for Improvements



- Diagnostic errors cause about 10% of all patient deaths and about 17% of adverse events

*Institute of Medicine (IOM) Report Sept. 2015*

- Pre-analytical phase accounts for 46% to 68% of clinical laboratory errors

*Medical Laboratory Observer, May 2014*



- Unnecessary expenditure caused by pre-analytical errors in a typical U.S. hospital (~ 650 beds) of ~ \$1.2 million per year

*Green SF. Clin Biochem. 2013*

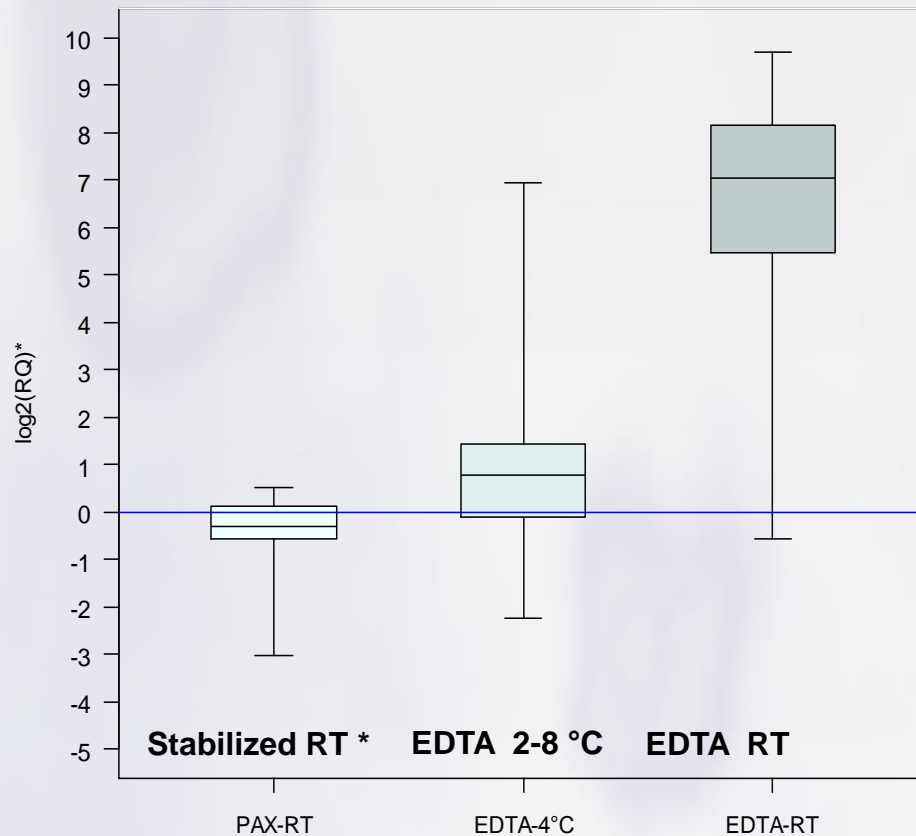
- Irreproducible preclinical research exceeds 50%, US \$28B / year spent on preclinical research that is not reproducible - in the US

*Freedman LP, Cockburn IM, Simcoe TS (2015) PLoS Biol 13(6): e1002165.doi:10.1371/journal.pbio.1002165*

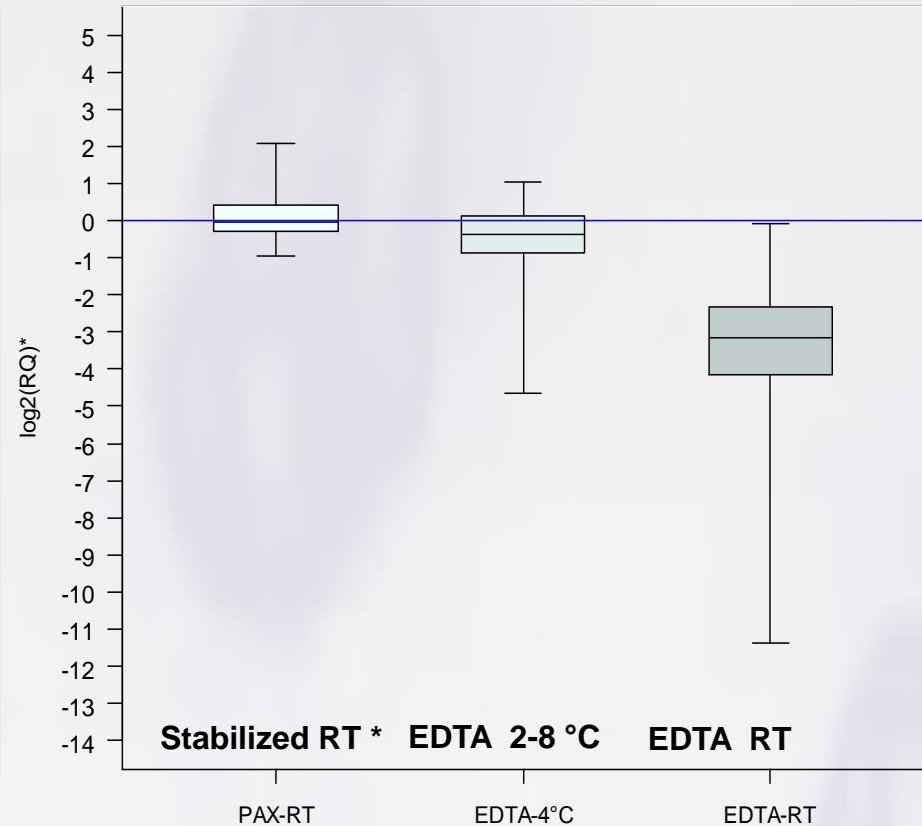


# Changes of Blood Cellular RNA Profile: 48 Hours After Collection

**Up-regulated FOSB mRNA level**



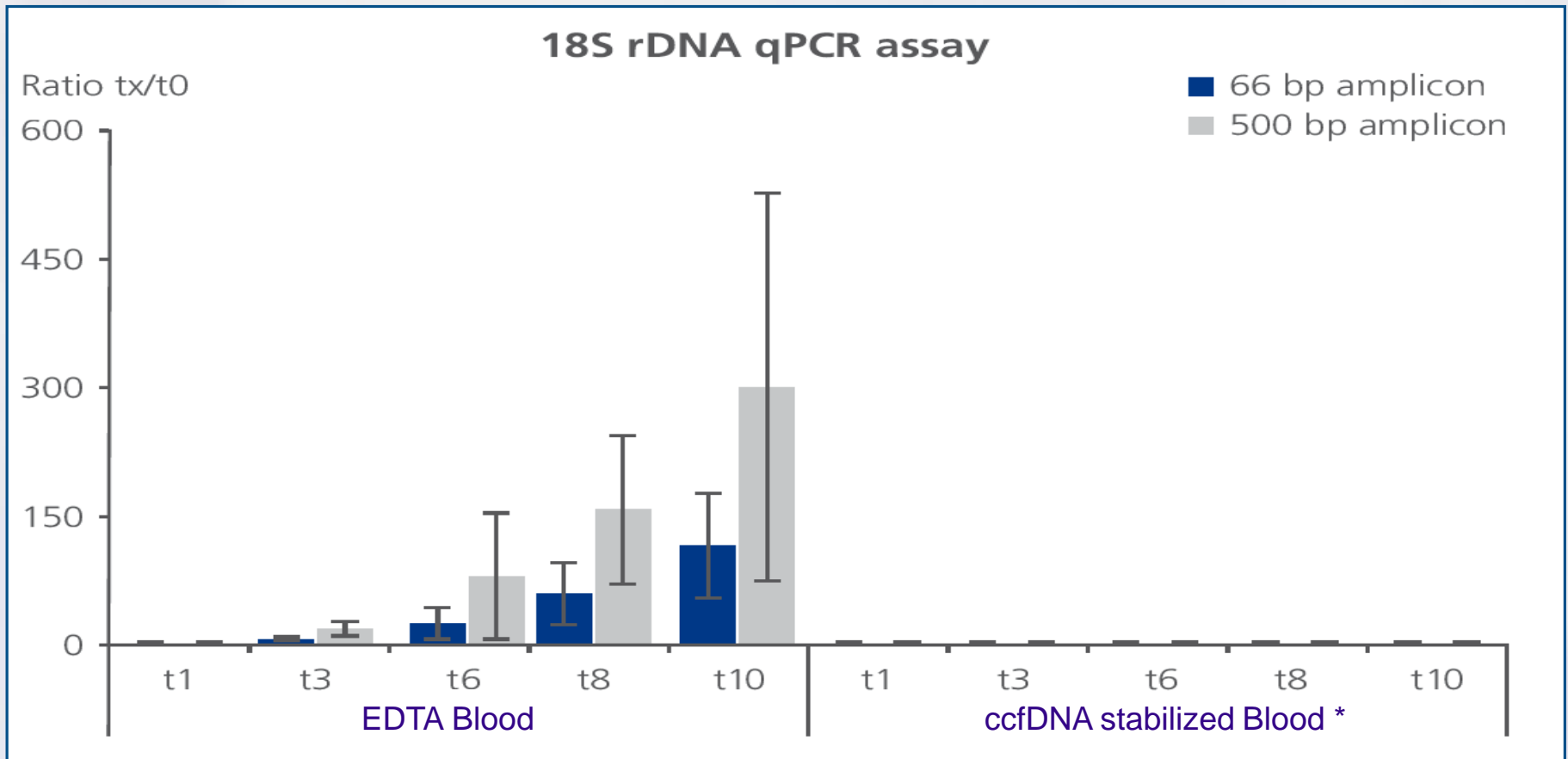
**Down-regulated TNFRS mRNA level**



\* PAXgene Blood RNA

Malentacchi F et al. (2014). *SPIDIA-RNA: Second External Quality Assessment for the Pre-Analytical Phase of Blood Samples Used for RNA Based Analyses*. *PLoS ONE* 9(11): e112293.

Zhan H et al. (2014). *Biomarkers for Monitoring Pre-Analytical Quality Variation of mRNA in Blood Samples*. *PLoS ONE* 9(11): e111644.



\* PAXgene Blood ccfDNA Tube

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<sup>4</sup>Centre for Prenatal Diagnostics and Human Genetics, Berlin, Germany

- **Technologies** for securing high quality samples
- **International Standards** for pre-analytical workflows

## **SPIDIA – FP7 (2008 – 2013)**

- ⇒ 16 Partners
- New technologies for sample collection, stabilization, processing, transport, storage (Blood, Tissues)
- 9 EU CEN Standards

## **SPIDIA4P – H2020 (2017 – 2020)**

- ⇒ 19 Partners
- ⇒ 14 associated consortia & stakeholders
- 13 additional new CEN & ISO Standards
- EQAs
- European implementation

**[www.spidia.eu](http://www.spidia.eu)**    ⇒    **subscribe the Newsletter!**



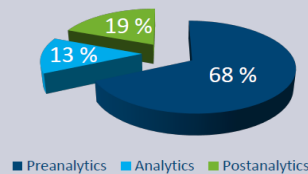


- 2017: Progressing to ISO/FDIS
- 2014: 8 new projects for ISO Standards approved in ISO/TC 212 „*Clinical laboratory testing and in vitro diagnostic test systems*”

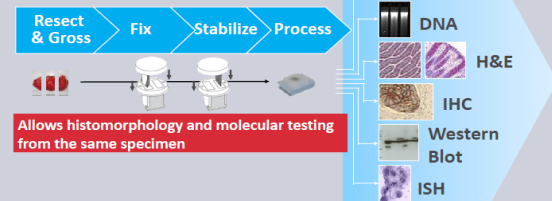


- 2015: 9 CEN Technical Specifications published
- 2013: 9 new projects approved in CEN/TC 140 „*In vitro diagnostic medical devices*“
- 2010: Start of standardization work

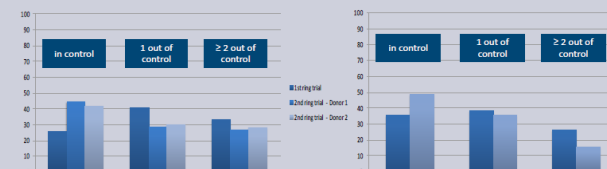
## 1. Problem - Errors in Diagnostics



## 2. Technical Solutions



## 3. Ring-Trials – Blood RNA (l.) and DNA (r.)



European Conference. Standards:  
Your Innovation Bridge. Brussels  
(2014). SPIDIA Booth.





## Traditional Role of Standards

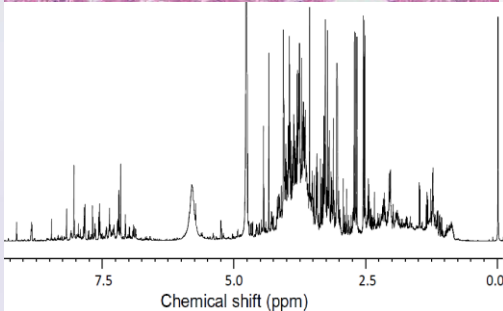
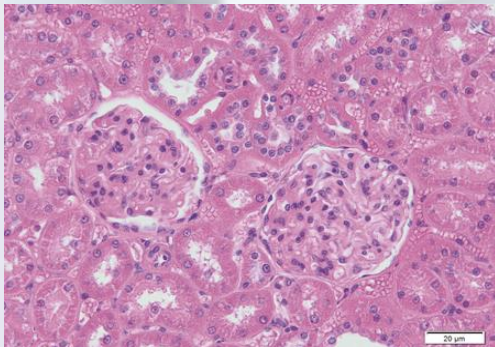
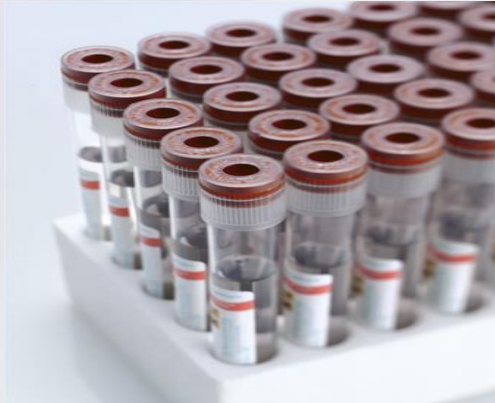
- Source of technical know-how
- Trade facilitation and opening of markets
- Providing a scientific basis for legislation in the health, safety and environment sectors

## Valued-added role for research and innovation

- Speeding up innovation by providing the requisite knowledge base (technology transfer)

- New ideas, technologies and products benefit from standardization to get into the marketplace and to be successful





- Molecular in-vitro diagnostic examinations -  
Specifications for pre-examination processes for
  - blood — Cellular RNA
  - blood — Genomic DNA
  - blood — Circulating cell free DNA
  - FFPE tissue — DNA
  - FFPE tissue — RNA
  - FFPE tissue — Proteins
  - frozen tissue — RNA
  - frozen tissue — Proteins
  - metabolomics in urine, serum and plasma
  
- ⇒ Professional societies and organizations play a central role in implementation (e.g. BBMRI-ERIC, ESP, EFLM, MedTech etc.)



TECHNICAL SPECIFICATION

CEN/TS 16835-3

SPÉCIFICATION TECHNIQUE

TECHNISCHE SPEZIFIKATION

October 2015

ICS 11.100.30

English Version

## Molecular in vitro diagnostic examinations - Specifications for pre-examination processes for venous whole blood - Part 3: Isolated circulating cell free DNA from plasma

Tests de diagnostic moléculaire in vitro - Spécifications  
relatives aux processus pré-analytiques pour le sang  
total veineux - Partie 3: ADN libre circulant extrait du  
plasma

Molekularanalytische in-vitro-diagnostische Verfahren  
- Spezifikationen für präanalytische Prozesse für  
venöse Vollblutproben - Teil 3: Aus Plasma isolierte  
zirkulierende zellfreie DNS

This Technical Specification (CEN/TS) was approved by CEN on 31 August 2015 for provisional application.

The period of validity of this CEN/TS is limited initially to three years. After two years the members of CEN will be requested to submit their comments, particularly on the question whether the CEN/TS can be converted into a European Standard.

CEN members are required to announce the existence of this CEN/TS in the same way as for an EN and to make the CEN/TS available promptly at national level in an appropriate form. It is permissible to keep conflicting national standards in force (in parallel to the CEN/TS) until the final decision about the possible conversion of the CEN/TS into an EN is reached.

CEN members are the national standards bodies of Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, Former Yugoslav Republic of Macedonia, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Switzerland, Turkey and United Kingdom.



EUROPEAN COMMITTEE FOR STANDARDIZATION  
COMITÉ EUROPÉEN DE NORMALISATION  
EUROPÄISCHES KOMITEE FÜR NORMUNG










CEN-CENELEC Management Centre: Avenue Marnix 17, B-1000 Brussels

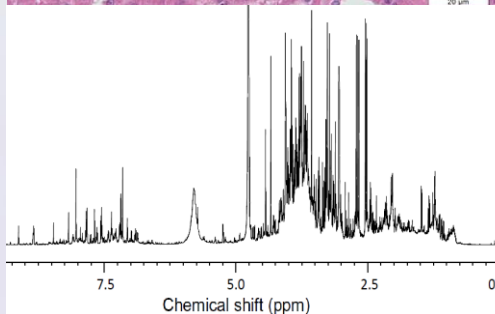
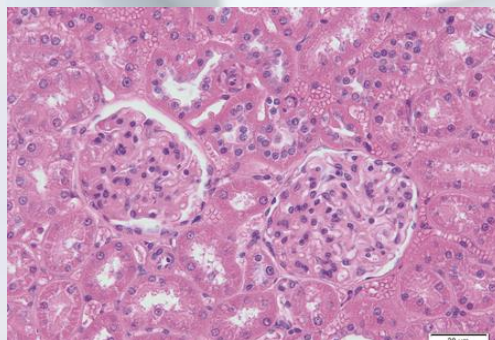
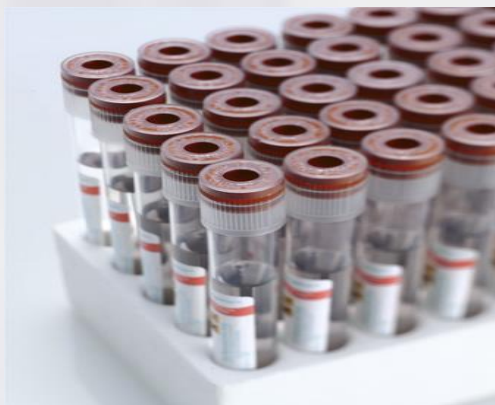
## ISO/IS Standard expected for early 2019

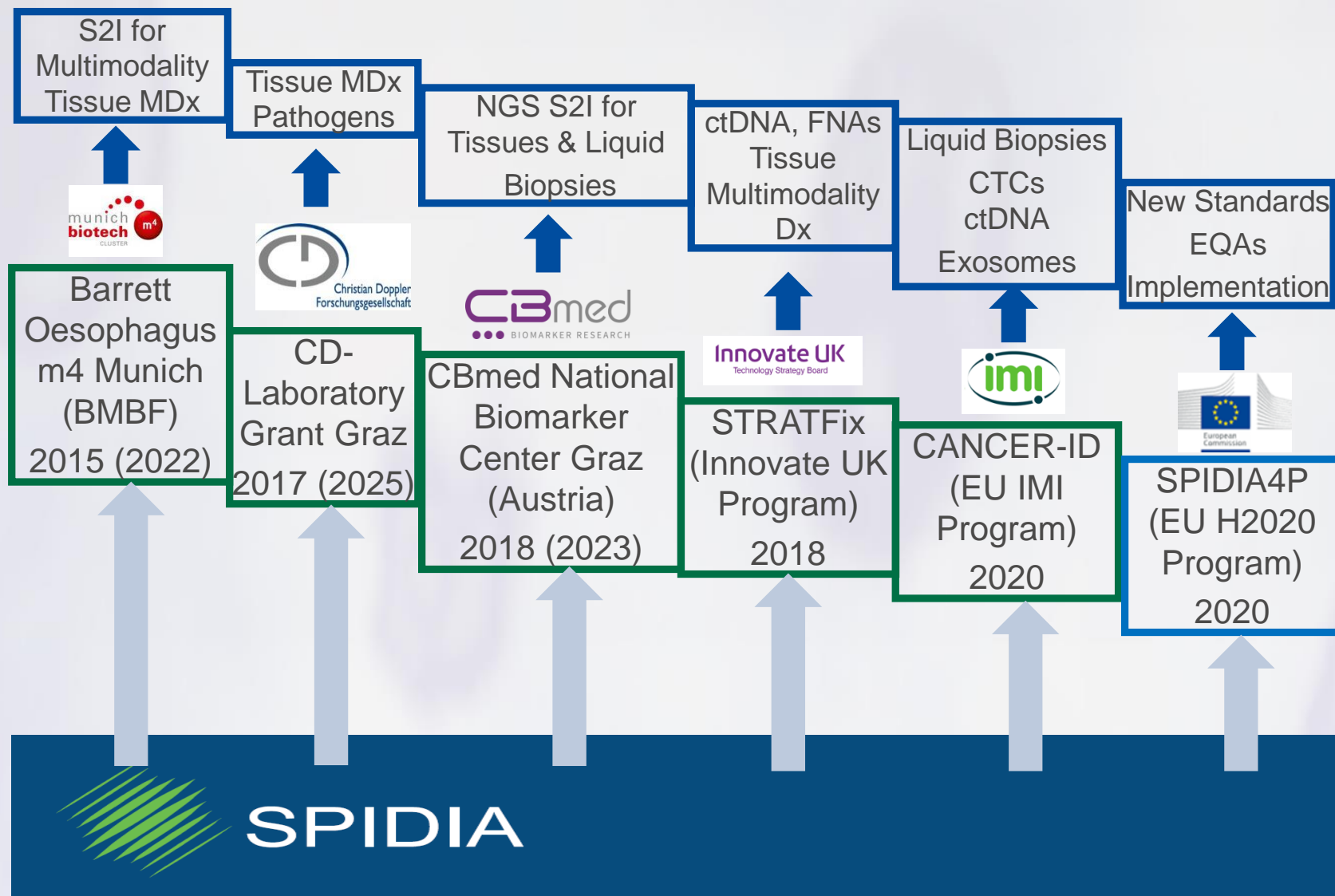


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## ... pre-examination processes for

- Venous whole blood — CTCs: DNA, RNA, stains & proteins 
  - Venous whole blood – Exosomes: nucleic acids; ccfRNA 
  - Urine & other body fluids – cfDNA 
  - Saliva – Human DNA 
  - Saliva and stool – Microbiome DNA 
  - Frozen Tissue – DNA 
  - Fine Needle Aspirates (FNAs) – DNA, RNA, proteins 
  - FFPE Tissue – in situ stainings incl. IHC 
  - Metabolomics of body fluids: ISO Standard 
- 
- ... plus control tools (EQA schemes)
  - ... plus implementation tools
  - ... plus proof of commercial success (SMEs, e.g. Inivata Ltd.)





- New European In Vitro Diagnostic Regulation in force since May 2017
- Also pre-analytical workflow parameters become mandatory (IVDR)
  - 6. PRODUCT VERIFICATION AND VALIDATION (Annex II)
  - 6.1. Information on analytical performance of the device
  - 6.1.1. Specimen type

This Section shall describe the different specimen types that can be analysed, including their stability such as storage, where applicable specimen transport conditions and, with a view to time-critical analysis methods, information on the timeframe between taking the specimen and its analysis and storage conditions such as duration, temperature limits and freeze/thaw cycles





## EU IVDR – In-vitro-Diagnostic Device Regulation



## Pre-analytical workflow parameters



## EN ISO & CEN Standards



## SOPs



## Technologies & Products



## ■ Biobanks

- Source for high quality samples
- ⇒ BBMRI-ERIC plays a central role

## ■ Biomedical & Translational Research

- Academia
- Pharma industry
- Diagnostic Industry

## ■ Diagnostics

- High sample quality is the safe way
- Analytical assay might tolerate lower quality or not ⇒ Validation studies

# A big Thank You goes to . . .



**. . . to the SPIDIA & SPIDIA4P Consortium Members, CEN/TC 140, ISO/TC 212 and all European and International Partners!**

*Questions ?*

